



Welcome to Kindergarten!

Get your child ready for kindergarten. Make sure their immunizations are up-to-date and that they complete all of the recommended health screenings.

Immunizations

Two free vaccines are recommended for children age 4 and older:

- **Tdap-IPV** to protect against diphtheria, tetanus, whooping cough (pertussis), and polio.
- **MMRV** to protect against measles, mumps, rubella, and chickenpox (varicella).

Schedule your child's immunization by calling your doctor, pharmacist, or Public Health Unit.

Report immunizations to your public health unit.

Call your health unit or complete the online form.



Scan this QR code to access the form or visit fraserhealth.ca/immunizationform

Public Health Services

You can consult a Public Health nurse at your local Public Health Unit. Services include, but are not limited to, the following:

- Immunizations
- Child health screenings
- Educational health and safety resources

Serious Medical Conditions and School

If your child might need emergency health care or medicines at school, alert the school and complete a health plan with your school principal and your child's teacher every year. You can consult a Public Health nurse if needed.

School Health Resources

Visit our School Health web resource for information for students 5 to 18 years old, plus useful information for parents and school staff. See the section on kindergarten readiness.



Scan this QR code or visit fraserhealth.ca/schoolhealth

Dental, Vision, and Hearing Screening

▪ Dental screening

During the school year, we offer free dental screening to some kindergarten students. We do this to find and help children who have dental concerns. This screening should not replace an exam done by a dentist.

▪ Vision

We encourage all parents/guardians to make an appointment to visit their local optometrists for their child's yearly eye exam. It is free.

In B.C., basic eye exams are free once a year up to age 18.

▪ Hearing

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth.

Community audiologists provide hearing services for children from birth to 19 years of age.

For children who have hearing concerns, a parent/guardian or a health or education professional can refer the child to the local public health audiology clinic.

Some children might qualify for free basic dental, eyeglasses, and hearing coverage from the BC Healthy Kids Program.



For more information, Call 1-866-866-0800, scan this QR code, or visit gov.bc.ca and search "[Basic dental, eyeglasses, and hearing care](#)".

Some families might qualify for financial support for dental care from the Canada Dental Benefit.



For more information call 1-800-715-8836, scan this QR code, or search online for [Canada Dental Benefits](#).

Fraser Health Virtual Care

Health concern? Call Fraser Health Virtual Care at 1-800-314-0999 to speak with a registered nurse, 10:00 a.m. to 10:00 p.m., 7 days a week.

After hours, call HealthLinkBC at 8-1-1 or visit healthlinkbc.ca for general health information and advice from a nurse, dietitian, pharmacist, or exercise professional.



Scan this QR code for HealthLinkBC.

Public Health Units

Abbotsford 604-864-3400	Agassiz 604-793-7160
Burnaby 604-918-7605	Chilliwack 604-702-4900
Cloverdale, Surrey 604-575-5100	Guildford, Surrey 604-587-4750
Hope 604-860-7630	Langley 604-539-2900
Maple Ridge 604-476-7000	Mission 604-814-5500
New Westminster 604-777-6740	Tri-Cities, Port Moody 604-949-7200
Newton, Surrey 604-592-2000	North Delta 604-507-5400
North Surrey 604-587-7900	South Delta 604-952-3550
White Rock Tel: 604-542-4000	